

Back to Nature mountain and sea

Immersion

3 Days Catuçaba + 3 Days Picinguaba









Choose your horse, whether for a quick ride, a full day, or a trip under the moonlight.

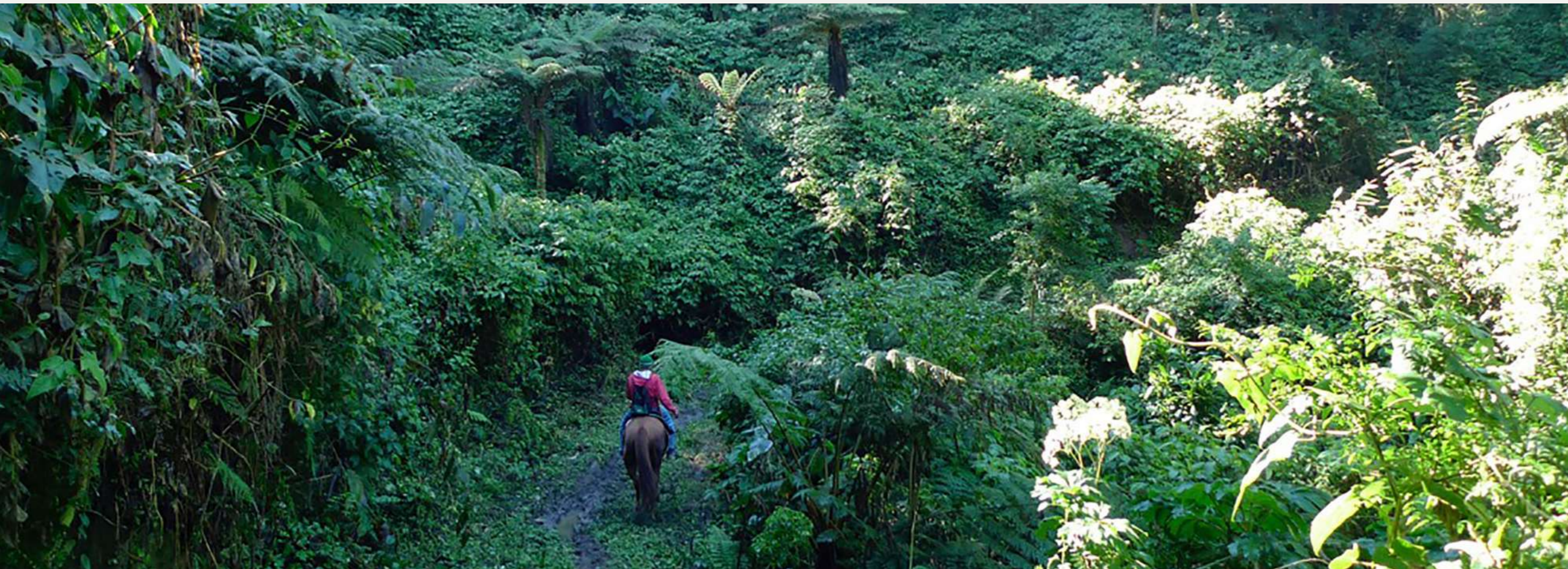
Hike up one of the peaks around to watch the sun rise or hide, in silence.

Find a river, a waterfall, have a picnic, go swim in one of the lakes. Hug a tree.

Then rejoice around the bonfire, star gazing.

Wake up early, go milk the cows, participate to the life of the farm,
pick some fruits on a tree, eat from the wealth of the Earth.

Surrender to new ways of relating to the land and the world,
experiences that only a wide connection with nature and oneself can provide.









All guest rooms at Catuçaba are intimately connected to life at the farm. They were built or renovated with old, original materials;

Your choice of accommodation on this first leg of the experience by the mountains:

- **7 Classic Rooms**, nicely appointed.
- **2 Suites**: larger living space, fireplace and bathtub
- **Casa do Lago (Lake House)**: originally built in 1840, it was recently renovated and enjoys a 4 hectare lake, extra privacy a little away from the main house
- **Casa da Cachoeira (Waterfall House)**: the relaxing sound of water trickling upon the rocks gives this place its name. Only 100 meters from the main house, it is the perfect place for couples and families who wish to have a more private and spacious stay

Pictures / details of accommodations:

www.wearenature.com

From Catuçaba to Picinguaba,
it's a 2h drive by the old road, going down the
Serra do Mar on the footsteps of history, along
the trails of the gold and coffee eras

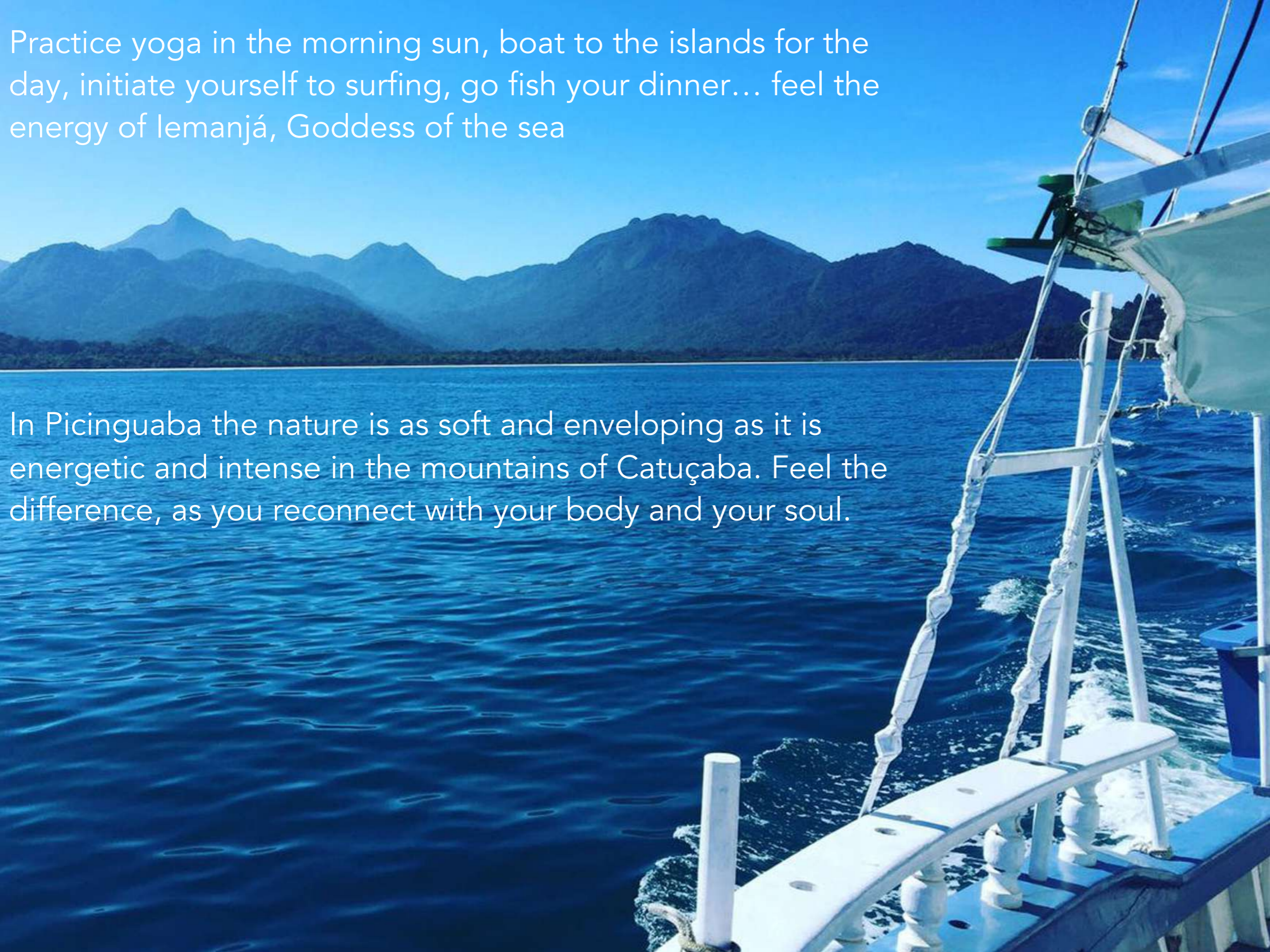






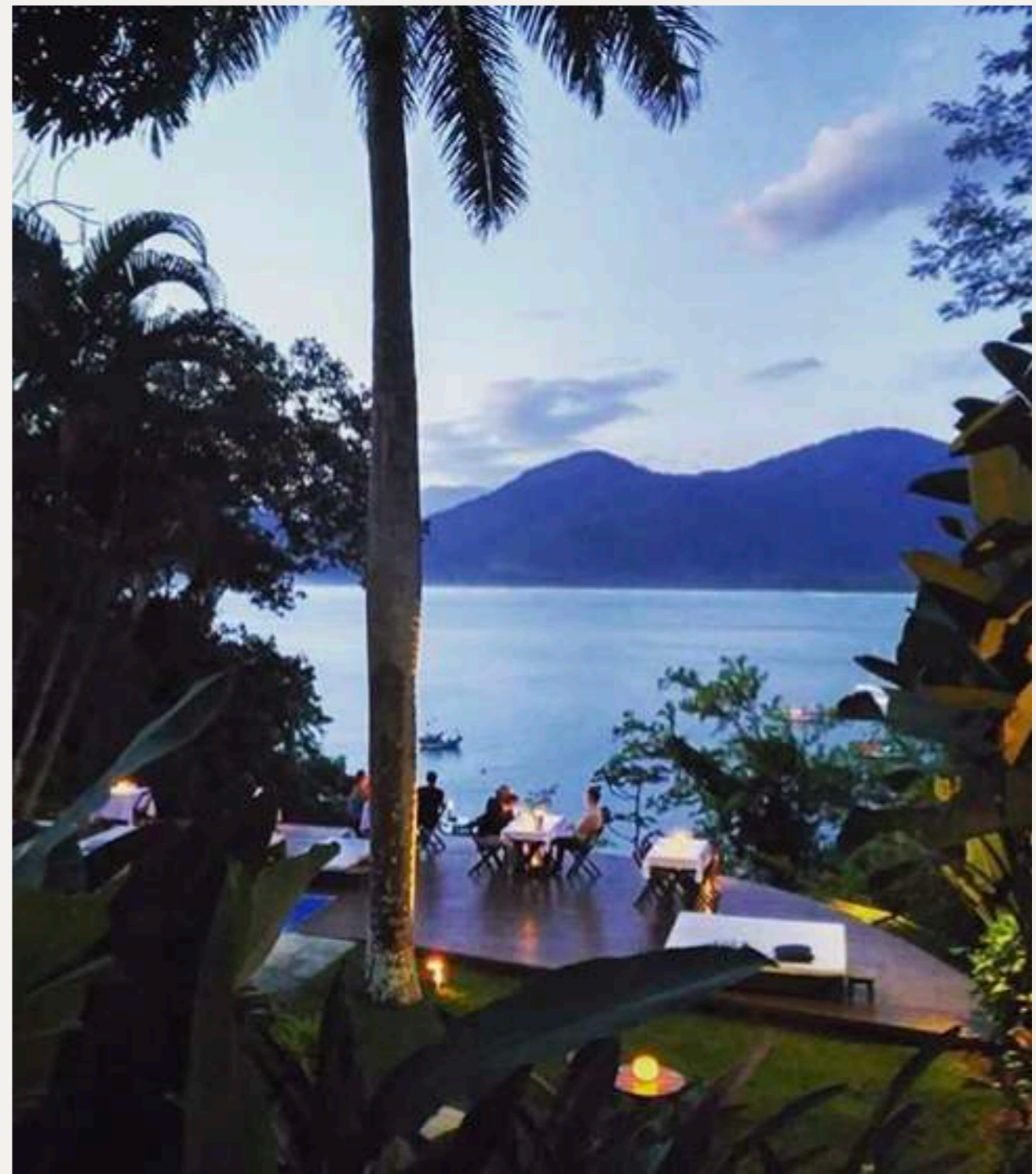
Practice yoga in the morning sun, boat to the islands for the day, initiate yourself to surfing, go fish your dinner... feel the energy of Iemanjá, Goddess of the sea

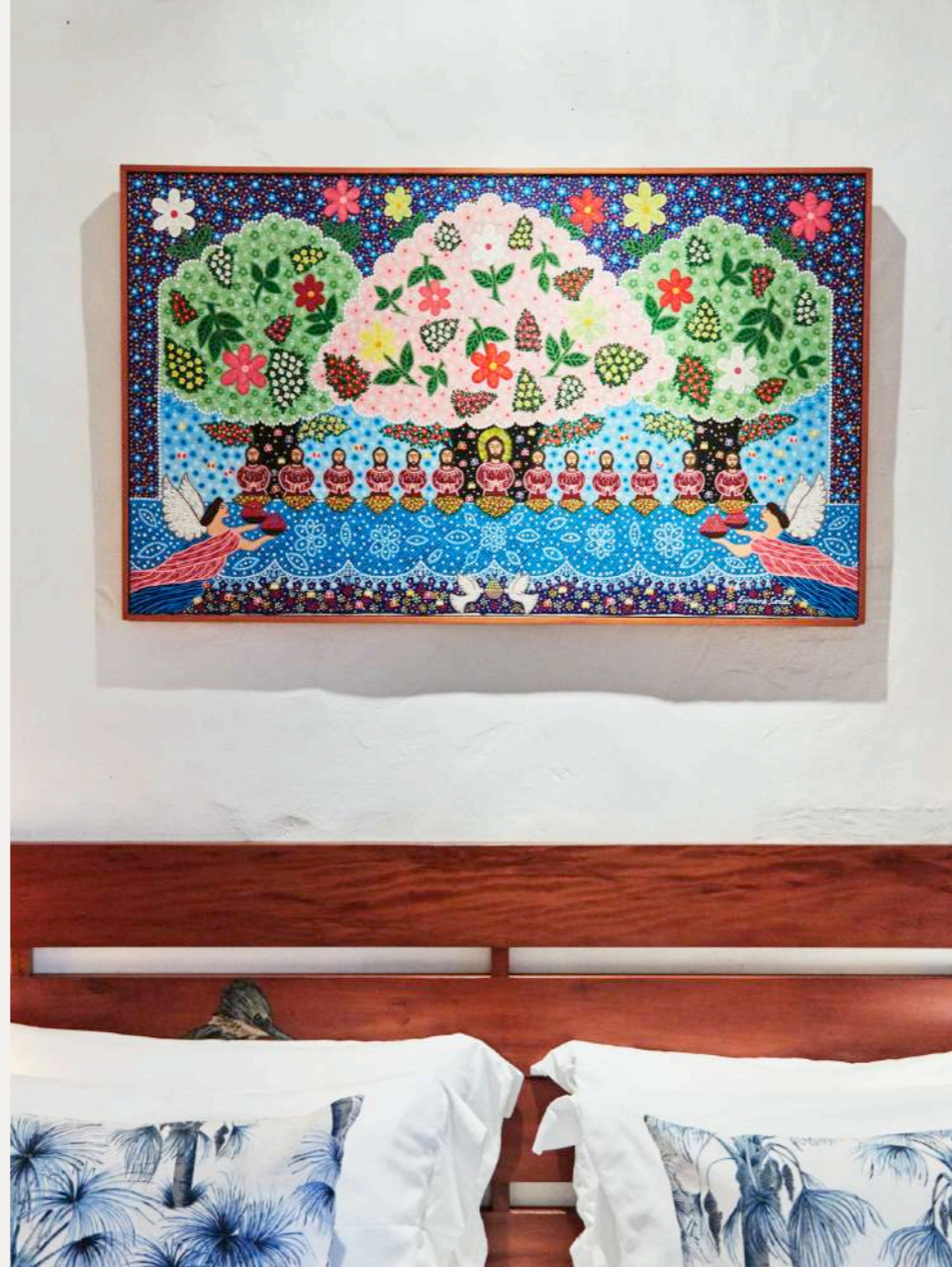
In Picinguaba the nature is as soft and enveloping as it is energetic and intense in the mountains of Catuçaba. Feel the difference, as you reconnect with your body and your soul.











Your choice of accommodations by the sea:

- 9 comfortable classic rooms
- 1 suite with bathtub and privileged sea-view
- 1 elegant private house, the Casa Verde, with 200m2 total area that fits 4

No televisions, telephones or internet service, but instead private verandas to connect to the ocean and rainforest from the gentle swing of a hammock. No smoking. Healthy fresh, locally-sourced food only.

Pictures / details of accommodations: www.wearenature.com

Fazenda Catuçaba and Pousada Picinguaba have been expressing the art of living in Nature in Brazil for almost 20 years. Ecological places with a taste for beauty, run by local people, houses more than hotels, both locations combine an amazing number of extraordinary experiences in Nature together with unique aesthetics and ethos.

The properties are united under the brand We Are Nature. They are places to experience deep reconnections with the Earth.

One estate is in the mountains over 1700 acres of private land, the other by the ocean on the most preserved stretch of the Brazilian coastline. Separated by 30km of primary rainforest, the Mata Atlantica, UNESCO biosphere reserve, they form together a very complete scenario of natural ecosystems, setting for a beautiful combined experience.

We've decided to open the mysteries and wonders of our worlds in a different way, hosting people as friends rather than as clients, human beings willing to live in beauty a true experience delivered with love in the magic of a preserved Brazil.

We are now receiving people in an immersive ("all-inclusive") way all year long except from 20th of December to 30th of January and on Carnaval and Easter weeks, for a minimum of 4 nights.

WeAreNature.com



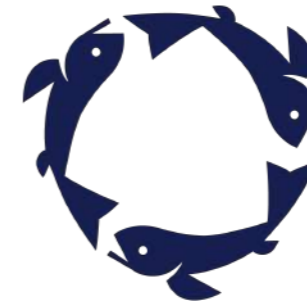
What is included?

- Full board: top-healthy, fresh, locally-sourced meals, breakfast of the season, lunch/picnic and elegant dinners
- Restful accommodation to replenish
- Horseback riding in the wild
- Hiking, forest bathing, waterfalls, and experiencing the abundance of the rainforest
- Everything else

What is not included?

- Air or road transportation to / from the Fazenda
- Drinks

 @fazendacatucaba



- Full board: top-healthy, fresh breakfast, lunch/ picnic and dinner
- You choice of Accommodation
- Yoga sessions with private yoga instructor
- Private day on your own 45 feet schooner boat (surf and visit to the islands)
- Kayak and stand-up paddle
- Hike to connect with the forest, swim on natural pools and waterfalls
- Everything else

- Transportation to/from the Pousada
- Drinks

 @pousadapicinguaba
